Senate



General Assembly

File No. 514

February Session, 2016

Substitute Senate Bill No. 356

Senate, April 6, 2016

The Committee on Public Health reported through SEN. GERRATANA of the 6th Dist., Chairperson of the Committee on the part of the Senate, that the substitute bill ought to pass.

AN ACT CONCERNING ATHLETIC TRAINERS.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- Section 1. Section 20-65f of the general statutes is repealed and the
- 2 following is substituted in lieu thereof (*Effective October 1, 2016*):
- 3 As used in this chapter:
- 4 (1) "Athletic training" means the application or provision, with the
- 5 consent and under the direction of a health care provider, of (A)
- 6 principles, methods and procedures of clinical evaluation and
- 7 assessment, prevention, treatment, management, emergency care,
- 8 <u>disposition</u> and rehabilitation of athletic injuries, including, but not
- 9 <u>limited to, acute and chronic injuries,</u> sustained by [athletes] <u>physically</u>
- 10 <u>active individuals</u>, (B) appropriate preventative and supportive
- 11 devices, temporary splinting, [and] bracing and casting, physical
- 12 modalities of heat, cold, light massage, water, <u>including</u>, <u>but not</u>
- 13 <u>limited to, aquatic therapy,</u> electric stimulation, sound, exercise, [and]
- 14 exercise equipment and other agents prescribed by a health care

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provider, (C) recognition of potential illness and referrals to a health care provider for diagnosis and treatment, (D) wellness care services developed for asymptomatic individuals, (E) the organization and administration of athletic training programs, and [(D)] (F) education and counseling to [athletes] physically active individuals, coaches, medical personnel and [athletic communities] the community in the area of the prevention and care of athletic injuries. For purposes of this subdivision, "health care provider" means a person licensed to practice medicine or surgery under chapter 370, chiropractic under chapter 372, podiatry under chapter 375 or naturopathy under chapter 373;

- (2) "Athletic injury" means any injury sustained by [an athlete] <u>a physically active individual</u> as a result of such [athlete's] <u>individual's participation</u> in exercises, sports, games or [recreation] <u>recreational activities</u> requiring strength, agility, flexibility, range of motion, speed or stamina, or any comparable injury that prevents such [athlete] <u>individual</u> from participating in any such activities;
- (3) ["Athlete"] "Physically active individual" means any person who is a member of any professional, amateur, school or other sports team, or is a regular participant in sports or recreational activities, including, but not limited to, training and practice activities, that require strength, agility, flexibility, range of motion, speed or stamina. For purposes of this subdivision, "regular" means not less than three times per week;
- (4) "Standing orders" means written protocols, recommendations and guidelines for treatment and care, furnished and signed by a health care provider specified under subdivision (1) of this section, to be followed in the practice of athletic training that may include, but not be limited to, (A) appropriate treatments for specific athletic injuries, (B) athletic injuries or other conditions requiring immediate referral to a licensed health care provider, and (C) appropriate conditions for the immediate referral to a licensed health care provider of injured [athletes] physically active individuals of a specified age or age group;
 - (5) "Commissioner" means the Commissioner of Public Health.

Sec. 2. Section 20-65h of the general statutes is repealed and the following is substituted in lieu thereof (*Effective October 1, 2016*):

- (a) Each person who practices athletic training under standing orders shall make a written or oral referral to a licensed health care provider of any [athlete] physically active individual who has an athletic injury whose symptoms have not improved for a period of four days from the day of onset, or who has any physical or medical condition that would constitute a medical contraindication for athletic training or that may require evaluation or treatment beyond the scope of athletic training. The injuries or conditions requiring a referral under this subsection shall include, but not be limited to, suspected medical emergencies or illnesses, physical or mental illness and significant tissue or neurological pathologies.
- (b) Each person who practices athletic training, but not understanding orders, may perform initial evaluation and temporary splinting and bracing of any [athlete] physically active individual with an athletic injury and shall, without delay, make a written or oral referral of such [athlete] individual to a licensed health care provider. The limitations on the practice of athletic training set forth in this subsection shall not apply in the case of any [athlete] physically active individual that is referred to such person by a licensed health care provider, provided such practice shall be limited to the scope of such referral.
- Sec. 3. Section 20-65i of the general statutes is repealed and the following is substituted in lieu thereof (*Effective October 1, 2016*):

A license to practice athletic training shall not be required of: (1) A practitioner who is licensed or certified by a state agency and is performing services within the scope of practice for which such person is licensed or certified; (2) a student intern or trainee pursuing a course of study in athletic training, provided the activities of such student intern or trainee are performed under the supervision of a person licensed to practice athletic training and the student intern or trainee is given the title of "athletic trainer intern", or similar designation; (3) a

person employed or volunteering as a coach of amateur sports who provides first aid for athletic injuries to [athletes] <u>physically active</u> individuals being coached by such person; (4) a person who furnishes assistance in an emergency; or (5) a person who acts as an athletic trainer in this state for less than thirty days per calendar year and who is licensed as an athletic trainer by another state or is certified by the Board of Certification, Inc., or its successor organization.

- Sec. 4. Section 20-65j of the general statutes is repealed and the following is substituted in lieu thereof (*Effective October 1, 2016*):
- 90 (a) Except as provided in [subsections (b) and (c)] subsection (b) of 91 this section, an applicant for a license to practice athletic training shall 92 have: (1) A baccalaureate or graduate degree from a regionally 93 accredited institution of higher education, or from an institution of 94 higher [learning] education located outside of the United States that is 95 legally chartered to grant postsecondary degrees in the country in 96 which such institution is located; and (2) current certification as an 97 athletic trainer by the Board of Certification, Inc., or its successor 98 organization.
 - (b) An applicant for licensure to practice athletic training by endorsement shall present evidence satisfactory to the commissioner (1) of licensure or certification as an athletic trainer, or as a person entitled to perform similar services under a different designation, in another state having requirements for practicing in such capacity that are substantially similar to or higher than the requirements in force in this state, and (2) that there is no disciplinary action or unresolved complaint pending against such applicant.
 - [(c) Prior to April 30, 2007, the commissioner shall grant a license as an athletic trainer to any applicant who presents evidence satisfactory to the commissioner of (1) the continuous providing of services as an athletic trainer since October 1, 1979, or (2) certification as an athletic trainer by the Board of Certification, Inc., or its successor organization.]

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This act shall take effect as follows and shall amend the following		
sections:		
Section 1	October 1, 2016	20-65f
Sec. 2	October 1, 2016	20-65h
Sec. 3	October 1, 2016	20-65i
Sec. 4	October 1, 2016	20-65j

Statement of Legislative Commissioners:

In section 1(2), "prevents such athlete" was changed to "prevents such [athlete] <u>individual</u>" for consistency with the definitional change in Section 1(3).

PH Joint Favorable Subst. -LCO

The following Fiscal Impact Statement and Bill Analysis are prepared for the benefit of the members of the General Assembly, solely for purposes of information, summarization and explanation and do not represent the intent of the General Assembly or either chamber thereof for any purpose. In general, fiscal impacts are based upon a variety of informational sources, including the analyst's professional knowledge. Whenever applicable, agency data is consulted as part of the analysis, however final products do not necessarily reflect an assessment from any specific department.

OFA Fiscal Note

State Impact: None

Municipal Impact: None

Explanation

This bill does not result in a fiscal impact to the Department of Public Health as it is not anticipated to alter the number of athletic trainers licensed by the agency or associated regulatory activities.

The Out Years

State Impact: None

Municipal Impact: None

OLR Bill Analysis sSB 356

AN ACT CONCERNING ATHLETIC TRAINERS.

SUMMARY:

This bill expands and updates the scope of practice for athletic trainers by adding to the definition of "athletic training" in the athletic trainer licensing statutes.

It renames the term for athletic trainers' clients as "physically active individuals" rather than "athletes," without changing the definition (generally, members of sports teams or other individuals who regularly participate in sports or recreational activities).

It also makes other minor, technical, and conforming changes.

EFFECTIVE DATE: October 1, 2016

ATHLETIC TRAINING

By law, athletic training is defined as the application or provision of specified services with the consent and under the direction of a health care provider (i.e., a physician, chiropractor, podiatrist, or naturopath). The bill adds the following to the list of permissible services:

- 1. casting (the law already allows temporary splinting and bracing),
- 2. recognition of potential illness and referrals to a health care provider for diagnosis and treatment, and
- 3. wellness care services for asymptomatic individuals.

Under current law, athletic training includes the principles, methods, and procedures of evaluating, preventing, treating, and

rehabilitating athletic injuries. The bill (1) specifies that this includes clinical evaluation; (2) adds to the definition the assessment, management, emergency care, and disposition of such injuries; and (3) specifies that the injuries may be acute or chronic.

Current law allows athletic trainers to use water as a physical modality of treatment. The bill specifies that this includes aquatic therapy.

The bill allows athletic trainers to use other agents prescribed by a health care provider, beyond those specifically listed in the law. It also specifies that they may offer education and counseling to the community at large, not just athletic communities, on the prevention and care of athletic injuries.

COMMITTEE ACTION

Public Health Committee

Joint Favorable Yea 19 Nay 9 (03/21/2016)